

EMOTIONAL INTELLIGENCE AND STUDENT PERFORMANCE: AN EMPIRICAL APPROACH

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ABSTRACT

Emotions are the intense feelings towards some individual, event or situation without any cause. It could be agitation, disturbance of mind, passion, anger, grief, fear, enjoyment, surprise, love, shame, etc. One's ability to balance the emotions with the reason to maximize long-term happiness, and capability to recognize and manage one's as well as emotional awareness or emotional management skills.

In the present dynamic and scientific environment, there is a corresponding rapid change in human lifestyles as it not only counts on the physical dimensions but connects to emotional aspects as well. It has also become more important to achieve academic excellence as the future hinges on learning and performance of students. So, with compelling changes in the environment following the economic crisis, both social and personal competencies are extremely important for a healthy and productive life in all aspects of life. The present study is designed to assess the emotional intelligence level of students of different strata. The purpose of this study is to study whether there are any relations of emotional intelligence on student effectiveness.

KEYWORDS: *Performance of Students*

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